State Health Benefits Program

Plan Design Committee

Open Session Minutes: January 30, 2019 1:00 p.m.

Adequate notice of this meeting was provided through the annual notice of the schedule of regular meetings of the Committee filed with and prominently posted in the offices of the Secretary of State. A meeting notice was mailed to the Secretary of State, Star Ledger and the Trenton Times on December 20, 2018.

The meeting of the State Health Benefits Program Plan Design Committee of New Jersey was called to order on Monday, January 30, 2019 at 10:00 a.m. The meeting was held at the Division of Pensions and Benefits in Trenton, NJ.

The text of Resolution B (Executive Session) – was read in its entirety in the event that the Committee desires, at any point in the meeting, to approve a motion to go into closed session.

Acting Secretary Ludwig took Roll Call and established that a quorum was present.

Roll Call

Committee Members:

Dini Ajmani, Assistant Treasurer
Jennifer Keyes-Maloney, Assistant Treasurer (Co-Chair)
Michael Zaynor, NJSTFA
Kevin Lyons, NJ State PBA (Appearing Telephonically)
Patrick Nowlan, AAUP – AFT (Chair)
Robert Little, AFSCME Department of Research
Justin Zimmerman, Chief of Staff, Department of Banking and Insurance
Abdur R. Yasin, NJ FMBA (Appearing Telephonically)

Absent:

David Ridolfino, Director, Office of Management and Budget **Tennille McCoy**, Assistant Director, Department of Labor **Hetty Rosenstein**, New Jersey Area Director, CWA/District 1 **Chigozie Onyemattine**, Department of Community Affairs

Also Present:

Danielle Schimmel, Deputy Attorney General

Mark Cipriano, Division of Pensions and Benefits

Nicole Ludwig, Division of Pensions and Benefits

Anne Kenyon, Department of Labor, per Tennille McCoy's request (Appearing Telephonically)

Meeting Minutes

Co-Chairperson Keyes-Maloney made a motion to approve the minutes from November 28, 2018, and October 21, 2018. Committee member Ajmani seconded the motion and all voted in favor.

Update on Mental & Behavioral Health Subgroup

Co-Chairperson Keyes-Maloney provided a brief update on the subgroup which has met several times since its formation in November. Co-Chairperson Keyes-Maloney advised the Subgroup has met three times, and composed a series of questions. These questions have been presented to the carriers and the subgroup has been working with the carriers to discuss a list of concerns; as well as to construct an actionable plan. Due to the scope of the matter, the subgroup has determined that it will require additional time to prepare its report for the PDC. The Subgroup will work with the carriers to create a targeted presentation which it will present at the February PDC meeting. Chairperson Nowlan commented on the Subgroup and commended the dedication of the group as well as the carriers to come to some resolve.

Presentation by Carriers regarding Maternity Care and C-sections

Horizon's representative Dave Perry stated that Horizon will have a presentation prepared for the February PDC meeting. Since the notice for the presentation was given just three days prior to the meeting.

Aetna representative Kim Ward along with Dr. George Vermeire gave a brief presentation on what Aetna has been doing to reduce the instances of non-emergent C-sections. Mrs. Ward went over the tool that is used by Aetna to measure low risk, which has been accepted for the Society of Maternal and Fetal Medicine.

Mrs. Ward explained the research that went into determining the high rate of C-Sections. She indicated that Aetna has a blended rate, which does not provide incentives for doctors to preform C-Sections when not medically necessary.

Mrs. Ward explained that C-Sections are built into a Value Based Arrangement with hospitals and doctors. Committee member Ajmani asked what % of Aetna's providers, who are part of the value based program, received shared savings. Mrs. Ward stated that she would have to follow up with that information.

Dr. Vermeire commented that a 0%- 10% C-section rate is also not acceptable, as C-Sections are medically necessary. The lower the C-Section rate, the higher the fetal mortality rate may rise. It is not about stopping C-Sections, rather it is about stopping the un-necessary C-Sections.

Dave Perry from Horizon asked if he could present the information that he was able to gather. According to Mr. Perry those members who go to a non-participating provider the C-section rate is 46% versus 38% with participating providers; which is still higher than the national average. Horizon stated they will follow up at the February/March meetings.

<u>Presentation by the carriers regarding NJWell incentives</u>

Kim Ward of Aetna gave a presentation on NJWell incentive through Aetna's plan. Mrs. Ward went over the NJWell engagement from 2014 through 2018; showing how many members have met the goals to receive the first and second gift card rewards. She went over the programs which are available to the private fully-insured plans. Mrs. Ward went over Silver Sneakers; a gym membership incentive plan that is offered to the fully-insured private plans.

Janice Zucker of Horizon gave a presentation on the current NJWell program through Horizon, including programs that are offered to Private Fully Insured programs. Mrs. Zucker reviewed the Blue365 discounts that are available to Horizon members. Blue365 is designed to help members save on products and services. Mrs. Zucker also went over the discount programs that are available to Horizon members through the YMCA.

Committee member Yasin asked if the participation is higher with State employees than with Local Government employees. Mrs. Zucker and Mrs. Ward both confirmed that the State group participation in NJWell is higher than that of the local government group. Committee member Lyons asked what could be done to change or modify the NJWell program to make it more appealing to the Local Government workers.

Co-Chairperson Keyes-Maloney made a motion to create a subgroup to discuss the NJWell program, and the offerings. Committee member Ajmani seconded the motion and all voted in favor.

During the meeting the following members' volunteered to sit on the subgroup:

- Kevin Lyons
- Patrick Nowlan
- Abdur Yasin

Committee member Ajmani stated that the State will make a determination as to who will sit on the subgroup from the Administration side.

Presentation by Horizon regarding Out of Network Lab Services

Dave Perry of Horizon gave a presentation on the proposed out-of-network lab services regarding the SHBP/SEHBP for plan year 2020. The presentation discussed the proposed changes to OON lab services,

specifically in regards to routine lab services. Mr. Perry explained that genetic testing, as well as services rendered in a facility regarding substance abuse would not be included in the proposed changes.

Co-Chairperson Keyes-Maloney has asked Horizon to provide information regarding market saturation for both LabCorp and Quest. Committee member Kelleher has asked that Horizon provide the number of members who went to OON labs for services other than genetic testing or substance abuse within a facility.

Committee member Little questioned network access, stating that it would be a difficult sell if members had to travel several towns to get bloodwork done. Mr. Perry explained the network access provided in the handouts was from 2018, and has only become broader since then. In the unique concern regarding accessibility Horizon will review and consider claims adjudication.

Mr. Perry stated that the communications piece will be presented at the February Committee meeting. Co-Chairperson Keyes-Maloney advised the PDC would like to have a possible resolution in time for the Rate Renewal meetings in July.

Discussion regarding Carryover from SHBC: Fertility Preservation

Acting Secretary Nicole Ludwig gave a brief overview of a Commission case regarding Fertility Preservation. The State Health Benefits Commission Chairperson, Susanne Culliton was present and wanted to discuss the case further with the PDC.

Committee member Zaynor made a motion to go into Executive Session to discuss to seek counsel from the Deputy Attorney General. Committee member Keyes-Maloney seconded the motion and all voted in favor.

After returning from Executive Session, Co-Chairperson Keyes-Maloney stated that it has been determined that the topic requires additional research and analysis on the part of the body. Therefore a subgroup will be convened. Committee member Zimmerman made a motion to form a subgroup to review the parameters surrounding Fertility Preservation. Chairperson Nowlan seconded the motion and all voted in favor. Acting Secretary Ludwig read aloud the Committee members who will serve on the subcommittee:

- Committee member Justin Zimmerman
- Co-Chair Jennifer Keyes-Maloney
- Committee member Robert Little
- Committee member Michael Zaynor
- Committee member Abdur Yasin

Chairperson Nowlan commended the State Health Benefits Commission for raising the issue to the Committee.

Adjournment:

Chairperson Nowlan made a motion to adjourn, Committee Lyons seconded the motion; all voted in favor. There being no further matters to discuss, the meeting was adjourned at 2:40 pm

Respectfully Submitted,

Nicole Ludwig

Acting Secretary, State Health Benefits Plan Design Committee